

VIRTUAL DAY IN RETIREMENT

Welcome to your virtual retirement. You and your spouse/partner, if any, should each complete this exercise separately. As you answer the questions, imagine you are two years into your retirement – well past the transition period and on your way to your ideal retirement. It's late morning, approaching lunchtime, and you're thinking about your new life. Use your imagination and have a little fun (but try to stay in the realm of possibility).

When done, consider:

Did the exercise help you “picture” your retirement?

Is your retirement just a dream or is it achievable?

What steps can you take now to move toward your retirement vision?

For those with a spouse/partner, consider:

How do your answers compare to your spouse's/partner's?

How can you compromise with his/her retirement dreams and still achieve your own?

Virtual Retirement – Two Years from Your Actual Retirement

When did you get up?

How's the weather?

Where are you living?

Is it in the country, town, or city? What geographic area?

What kind of house?

Is it the house you have now? Is it a condo? A mobile home? A tent?

If you have kids, how old are they now?

Are they all married? What are they doing? Where are they living?

Are your parents still living? Where? How are they doing?

What about you? Who are you living with?

How have you spent your morning?

Today, what things will you do for yourself—for your own enjoyment or satisfaction?

What will you do this afternoon?

What will you do this evening?

Do you have enough money to enjoy the things you want to do?

What do you do for others?

Who besides your spouse/partner do you spend time with?

How is your health?

If married, how is your spouse's/partner's health?

In your reflections today, what things in your life did you think about that were of special importance to you?

What are you looking forward to?

What goals do you have for the future?